



**LAUREN BOOK**

Survivor.  
Lawmaker.  
Advocate.



# LAUREN BOOK

***Lauren Book*** — a mother of twins, Florida State Senator, child advocate, best-selling author, EMMY and Gracie Award-winning producer, former classroom teacher, and one of the 42 million survivors of childhood sexual abuse living in the U.S. today — is a distinguished leader and change-maker recognized across the country and the world for her life-saving efforts to keep children safe.

Senator Book has earned accolades such as GLAMOUR Woman of the Year, L’Oreal Paris Woman of Worth, PEOPLE All-Star Among Us, and the Congressional Medal of Merit for her tireless work to protect childhood. She is a five-time EMMY Award and two-time Gracie Award-winning television producer and two-time Publisher’s Weekly best-selling author. Book has been featured by national media outlets, including the New York Times, Newsweek, People Magazine, Cosmopolitan Magazine, the Huffington Post, USA Today, Associated Press, CNN, FOX, Washington Post, and many more.





## ADVOCACY HIGHLIGHTS:

### Lauren's Kids

Determined that no child should have to suffer in silence, Senator Book turned her own abuse into a vehicle for change — spearheading the creation of the nation's leading abuse prevention and personal safety curriculum, **Safer, Smarter Kids**, used in almost every state across the country and internationally to educate millions of children each year.

Armed with the fact that 95% of childhood sexual abuse is preventable through awareness and education, Senator Book laces up her sneakers each April during National Child Abuse Prevention Month and National Sexual Assault Awareness Month to **walk 1,500 miles** across the State of Florida – educating communities and advocating for change. Whether in the halls of Florida's Capitol or walking the highways and byways of the Sunshine State, Book is dedicated to shining light into the darkness and standing up for the 1 in 3 girls and 1 in 5 boys who will be victimized before their 18th birthday.

Through her 501(c)(3) nonprofit organization, **Lauren's Kids**, Senator Book has become a leading voice on child safety, advocating for teaching personal safety from a place of fun, not fear, and providing resources for prevention, hope, and healing from abuse, exploitation, and trafficking.

## ADVOCACY HIGHLIGHTS:

### Florida Senator

Since being elected to the Florida Senate in 2016 while pregnant with twins, Senator Lauren Book has successfully spearheaded legislative and budget victories to expand mental health care for first responders and implement accountability measures and training to combat human trafficking. She also worked to secure increased funding for sexual assault treatment centers, clamp down on the creation and spread of "deepfakes" to combat sexual cyber harassment, close loopholes allowing child predators to walk free, and eliminate the backlog of evidence in sexual offense investigations.

Days after the deadly school shooting in Parkland, Senator Book worked with surviving students from her district to galvanize bipartisan support and pass the most comprehensive gun safety legislation Florida has ever seen.

To date, Senator Lauren Book and the Lauren's Kids foundation have successfully advocated for the passage of more than **two dozen legislative victories** to better protect children and families from abuse and support survivors.



# IN THE NEWS

**UPWORTHY: Senator Lauren Book Advocating for Change** →

**VIDEO: EMMY Award Winning Safer, Smarter Kids Video Lesson** →

**HUFFPOST: This Organization is Changing How We Educate Kids About Sexual Abuse** →

**MIAMI HERALD: Senator turned her trauma into action — now she's showing Parkland students how** →

**PHOTOS: Governor Joins Lauren Book's 1,500-Mile Advocacy Walk Across Florida** →

**NEWSWEEK: The Hunt for Child Sexual Abusers is Happening in the Wrong Places** →

**KATIE COURIC: When Survivors Fight Back** →

**TED TALK: Lauren Book - From Victim to Survivor** →

**GLAMOUR MAGAZINE: Meet Two Women Leading the Charge Against Sexual Abuse and Sex Trafficking** →

**TALLAHASSEE MAGAZINE: Lauren Book Combats the 'Terrible Awful' of Sexual Abuse** →

**SUN SENTINEL: Florida Moves to Eliminate Diaper Tax** →

**SUN SENTINEL: Online learning also means practicing digital safety | Florida Senator Lauren Book** →

**LAUREN'S KIDS: Florida Governor Signs Lauren Book Bill Combatting Digital Sex Crimes Into Law** →

