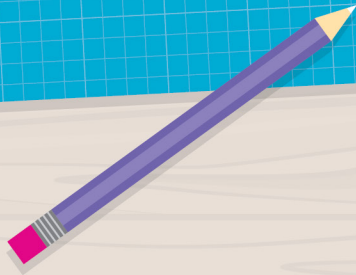
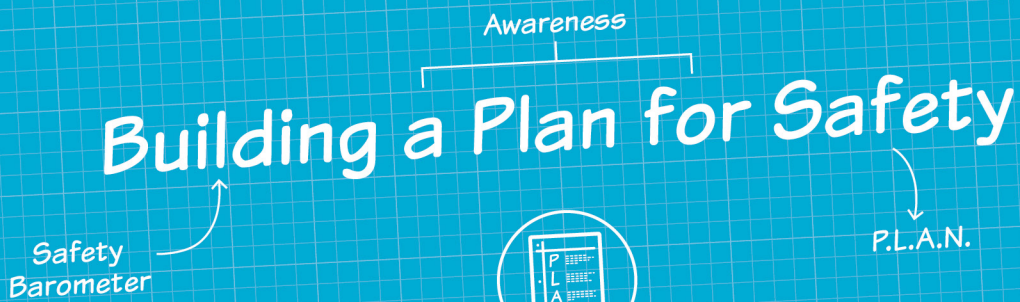


BLUEPRINT FOR BUILDING SAFER, SMARTER FAMILIES ACTIVITY BOOK



Safer, Smarter
FAMILIES



LAUREN'S KIDS



P.L.A.N.



We make a P.L.A.N. before we go places so that the grown up who is in charge knows where we are going and what we are doing. It's important to make a plan – and stick to it – to stay safe.

EACH STEP OF P.L.A.N. HELPS KEEP ME SAFE.

P – is important because I should always have **PERMISSION** from the grown up who is in charge before I go anywhere or do anything.

L – tells the grown up in charge the **LOCATION** where I will be. This is a very important step because if it changes, I must begin the P.L.A.N. process again.

A – tells the grown up who is in charge about the **ACTIVITY** I will engage in while I am gone.

N – is the **NAME** and **PHONE NUMBER** of the person(s) I am with.

P: PERMISSION

Am I allowed to do this?



L: LOCATION

Where am I going?



A: ACTIVITY

What will I do when I get there?



Who am I with & what's their phone number?

N: NAME & NUMBER

Name: _____

Phone Number: _____

AWARENESS OF SURROUNDINGS



My first and last name is: _____

My address is: _____

My street is called: _____

My house number or apartment number is: _____

My phone number is: _____

Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

Grown-Up Buddy's Phone Number(s): _____

My first and last name is: _____

My address is: _____

My street is called: _____

My house number or apartment number is: _____

My phone number is: _____

Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

Grown-Up Buddy's Phone Number(s): _____

My first and last name is: _____

My address is: _____

My street is called: _____

My house number or apartment number is: _____

My phone number is: _____

Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

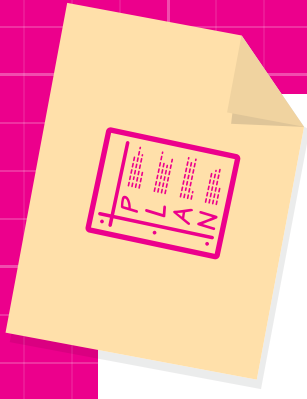
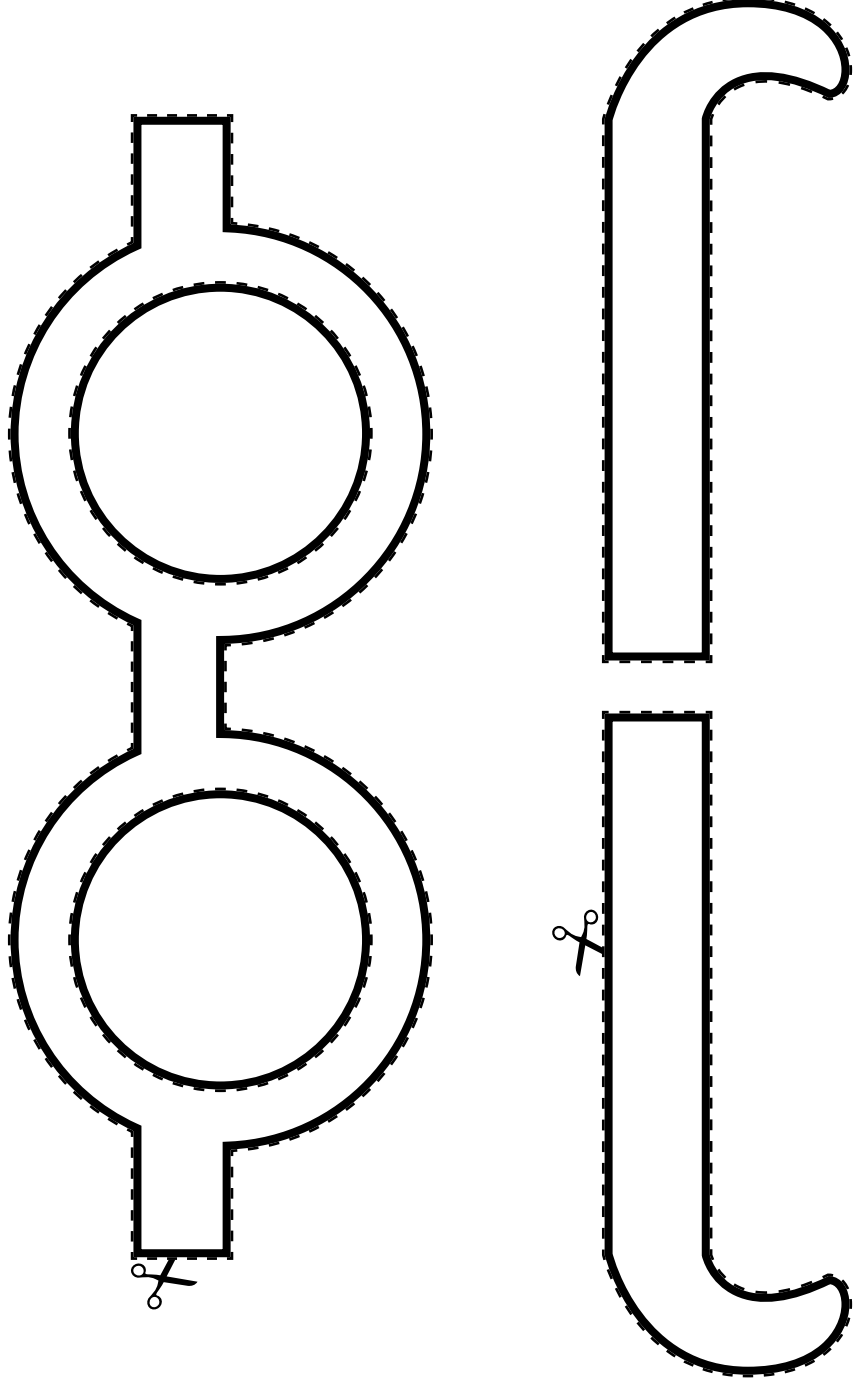
Grown-Up Buddy's Phone Number(s): _____



SAFETY SUNGLASSES

Directions:

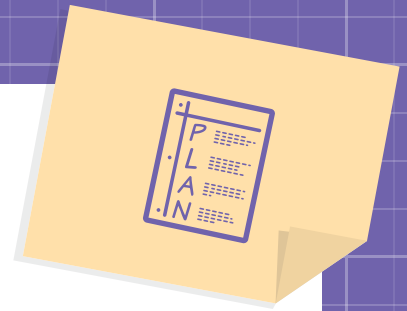
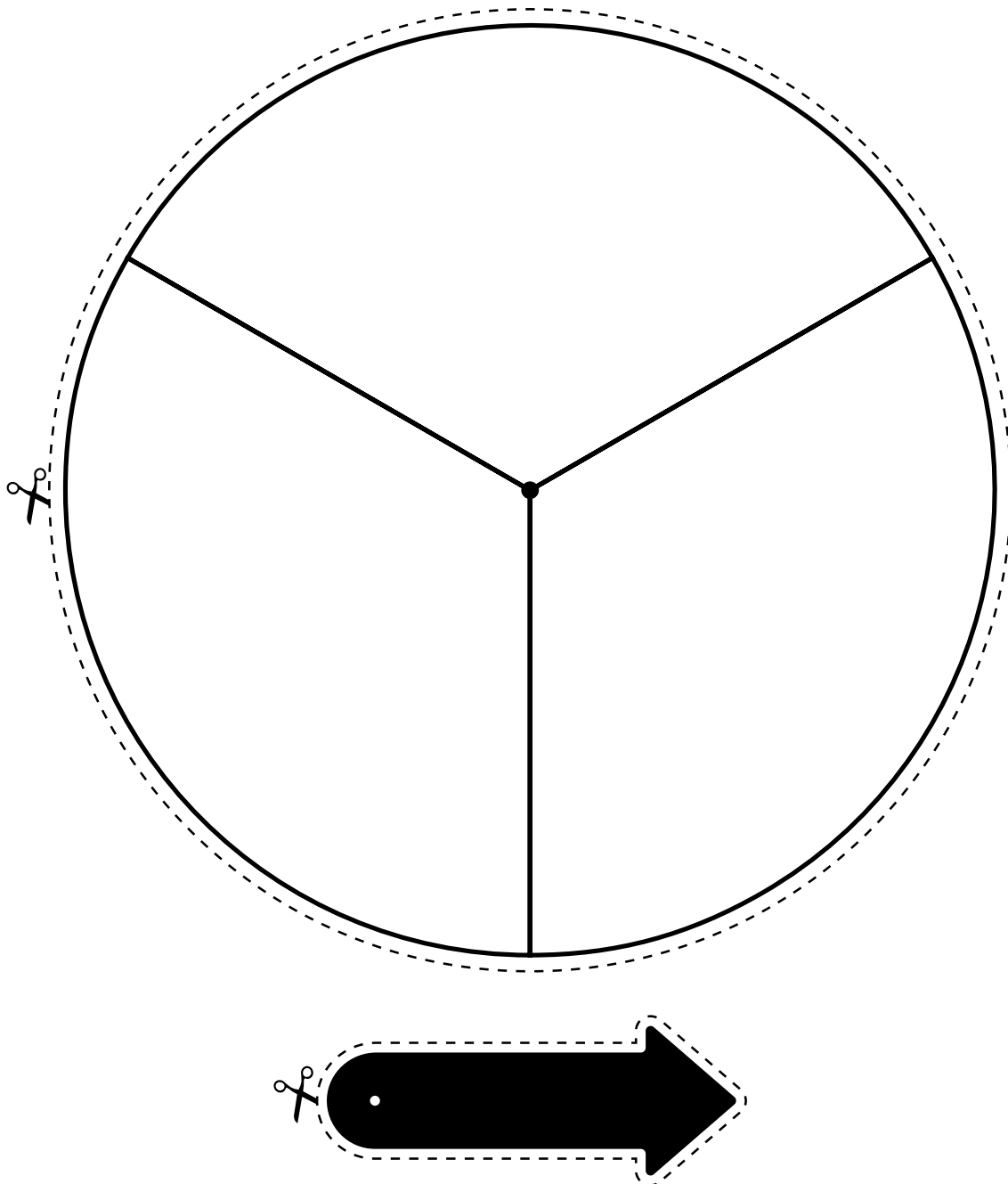
- Cut out Safety Sunglasses along dotted lines
- Cut out area in the lenses along the dotted lines
- Tape side pieces to front of frame
- Bend to fit side pieces over ears
- Decorate by coloring, adding glitter, and any other desired decorations



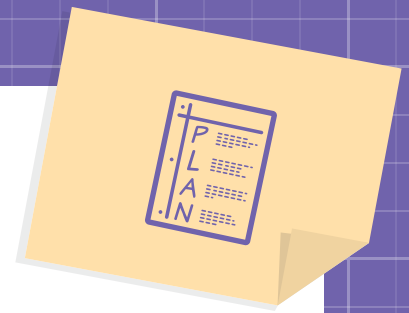
MAKE A SAFETY BAROMETER

Directions:

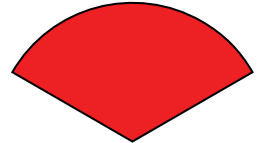
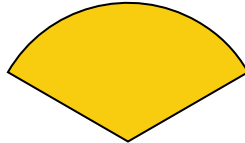
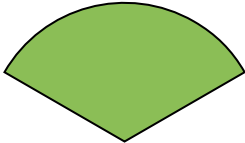
- Color one segment of the circle green, one segment of the circle yellow, and one segment of the circle red, as shown on the Safety Barometer card.
- Cut out the Safety Barometer on the dotted lines.
- Cut out the arrow on the dotted lines.
- Poke a small hole in the middle of the Safety Barometer and at the bottom of the arrow.
- Attach the arrow with the brad, inserting it through the hole in the arrow and the hole in the Safety Barometer.



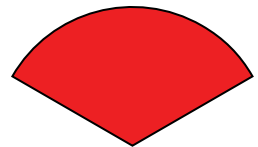
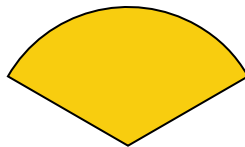
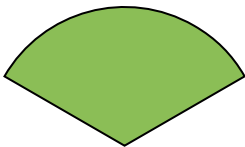
IS IT SAFE?



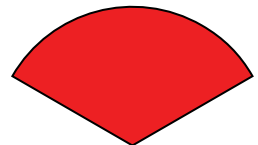
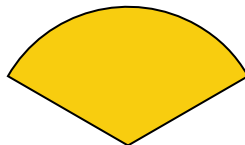
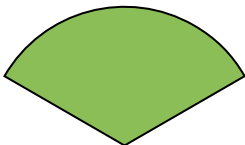
You accidentally get off at the wrong school bus stop. You are in your neighborhood, but several blocks from your house. You are very familiar with your neighborhood and feel safe, but you are alone and a long way from your house. How do you feel about the situation? Why? What should you do?



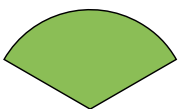
Your mom is in the car pick up line waiting to pick you up from school. How do you feel about the situation? Why? What should you do?



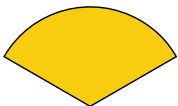
You are home alone and want to go outside and play in your yard. There is a person that you don't know well sitting in a car outside your house. How do you feel about the situation? Why? What should you do?



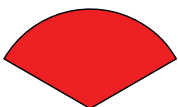
WHAT DO YOU DO IF YOUR SAFETY BAROMETER IS...



Safe:

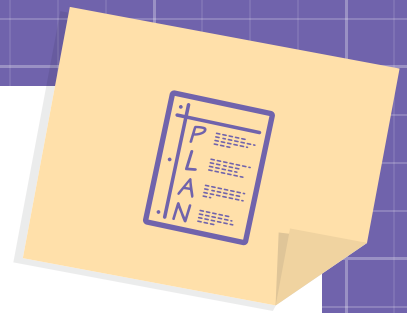


Caution:



Unsafe:

SAFETY WORDS



F P M S A D D R E S S Q W U Q
Y E N S J O Q G R A C Z W C V
A R Y U R Q N U M B E R T A T
C M K R H N K Y H L R R B Z S
T I V R N Q A A V G Y Q V K W
I S E O I I F M E I W J M B S
V S U U P H O N E N U M B E R
I I O N L A W A R E N E S S E
T O J D A R Q K A D R U F F I
Y N S I N C B T W W U H E X Z
L D A N S X C U Z R A X O P P
U M N G T U E G R V C B I O U
L H W S E B P O F L I M F M M
H D V F N C D U W X I C V S C
M M K L O C A T I O N F T X M

FIND THE SAFETY WORDS

Words can go horizontally, vertically and diagonally
in all eight directions. Words may overlap.

Activity

Address

Awareness

Location

Name

Number

Permission

Phone Number

PLAN

Surroundings



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