

SAFETY STOP SIGN

WHAT:

During this time of social distancing, it is important for children to recognize safe practices within the home. Using their Safety Stop Sign children can remind others in their household to use safe and healthy practices while reinforcing their own practices. When children observe an unsafe practice in their home, or in public, if they accompany you on an essential outing, they can extend their Safety Stop Sign and say, "Stop! That's not safe!" using their I Mean Business Voice. Their I Mean Business Voice is a voice that is strong and clear and communicates that what someone is saying is important.

Help your child to observe the following practices:

- Washing hands for 20 seconds with lots of bubbles. Practice counting to 20 with

your child.

- Keeping hands out of the mouth and nose.
- Keeping hands off the face and from rubbing the eyes.
- Throwing away paper towels, paper napkins, and tissues after use.
- In public, observing safe distancing from others. Help your child to visualize what 6 feet looks like. Practice standing 6 feet away from your child at home, so they can get a visual feel for that distance. Of course, it is best if children do not accompany you on essential outings, but sometimes that cannot be avoided. Safe distancing is very important for the health of your child and your family.

Brainstorm other safety practices with your child and help them to observe them in others and use them, too.

MATERIALS:

- Copy of Safety Stop Sign
- Construction Paper
- Cardboard
- Tongue depressor, paint stirrer, or ruler
- Markers
- Duct Tape
- Scissors

- Attach a tongue depressor, paint stirrer, or 12-inch ruler with duct tape to give the Safety Stop Sign a handle.

HOW TO:

- Download and print a copy of the Safety Stop Sign (located on the following page).
- Cut out the Safety Stop Sign.
- Trace the Safety Stop Sign onto a piece of construction paper or cardboard.
- Cut out the traced Safety Stop Sign and glue the downloaded copy to it to give it extra strength.
- Ask your child to decorate their Safety Stop Sign.



MY SAFETY STOP SIGN



**Cut out and color your Safety Stop Sign
and use it any time you feel unsafe.**