

BLUEPRINT FOR BUILDING SAFER, SMARTER FAMILIES ACTIVITY BOOK

Safety Stop Sign

Building Safe Communication

Think, Feel, Act

Guiding Voice



Safer, Smarter
FAMILIES



LAUREN'S KIDS

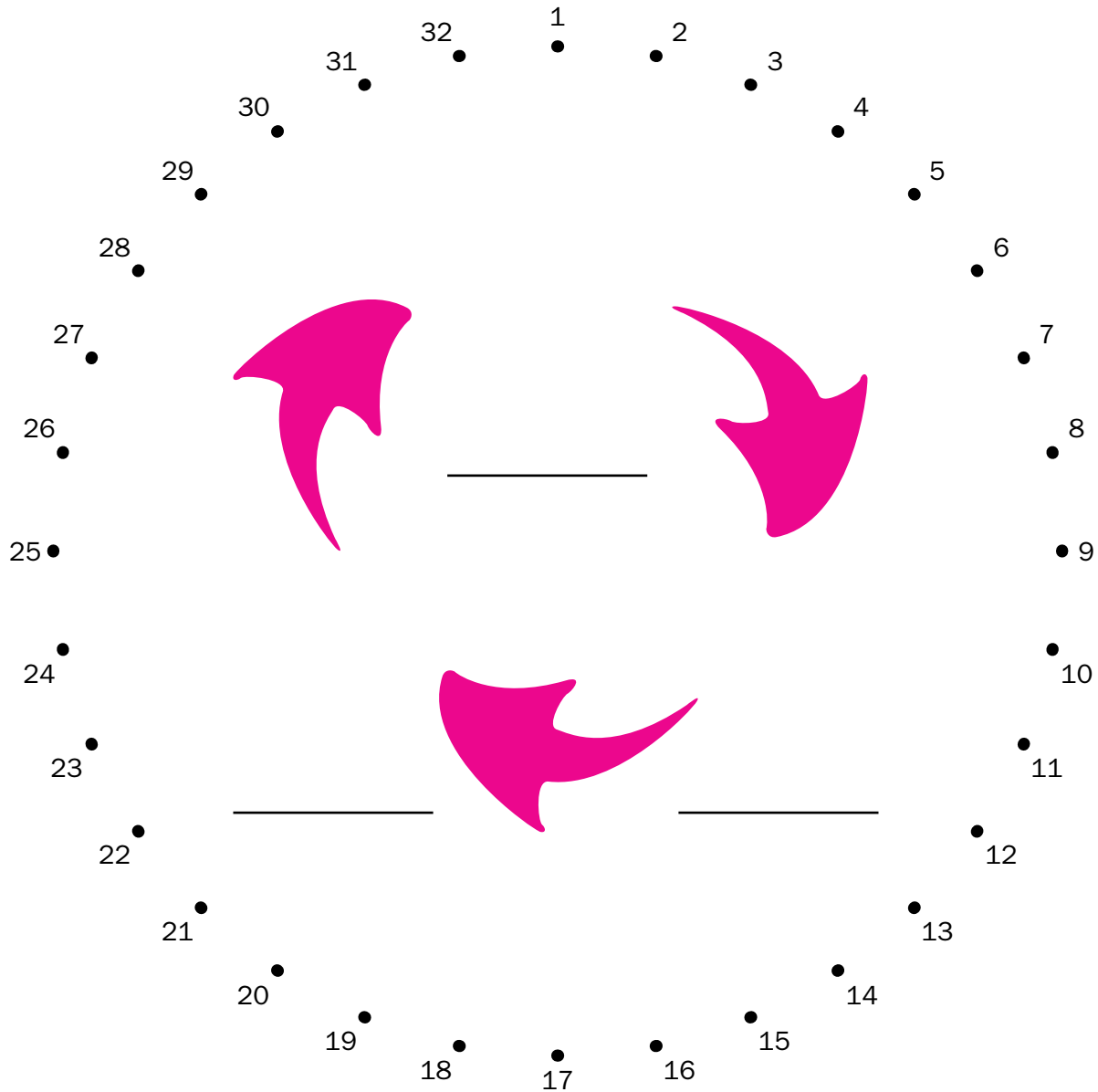


MY SAFETY STOP SIGN



**Cut out and color your Safety Stop Sign and
use it any time you feel unsafe.**

TFA CONNECT THE DOTS



Write the safety words for T, F, A:

T = _____

F = _____

A = _____

How does T, F, A help keep me safe?

USING YOUR GUIDING VOICE: BOARD



T

F

A

USING YOUR GUIDING VOICE

Cut out the cards showing different parts of the scenario. Look closely at each part and use your Guiding Voice to decide what you **THINK** about the scenario, how the scenario would make you **FEEL**, and how you would **ACT**. Put the cards in the order of **T, F, A** on the “Using Your Guiding Voice: Board.”



SCENARIO:

You are at home when the doorbell rings. You look through the window and see it's the mailman at the door. You know the mailman is not in your Trusted Triangle. You feel _____. You use your I Mean Business Voice to tell him to leave the package outside the front door.



USING YOUR GUIDING VOICE

Cut out the cards showing different parts of the scenario. Look closely at each part and use your Guiding Voice to decide what you **THINK** about the scenario, how the scenario would make you **FEEL**, and how you would **ACT**. Put the cards in the order of **T, F, A** on the “Using Your Guiding Voice: Board.”



SCENARIO:

You're waiting in the car pickup line after school, and see your neighbor calling out to you. Your neighbor is always friendly, and you consider her to be a safe adult, but your mom did not tell you that your neighbor would be picking you up today. You feel happy to see her, but confused about why she is there. You decide to go tell your teacher that your neighbor is here to pick you up, and that your mom did not tell you this would be happening. You explain that you know her, but that you need help to see if she knows your family password.

TFA GAME



SCENARIO:

You are at the park playing on the monkey bars. Your friend keeps pulling you down, causing you to fall. You asked him to stop, but now he is doing it to your other friend.

Think:

Feel:

Act:

TFA GAME



SCENARIO:

You are at the mall with your friend, and his mom says that you and your friend can walk around and go in some stores without her. However, she says that you cannot tell your parents that she let you walk around on your own.

Think:

Feel:

Act:

TFA GAME



SCENARIO:

After your baseball practice, your coach pulls you aside, gives only you a piece of candy, and tells you that you are his favorite player. But he said not to tell anyone – not even your parents.

Think:

Feel:

Act:

FAMILY PASSWORD



MY FAMILY PASSWORD

I promise to:

- Keep our family password a secret
- Go with a Grown-Up Buddy or trusted adult ONLY if they tell me our family password
- Tell an adult any time I feel unsafe and keep telling until I am HEARD and HELPED
- To keep this card in a safe, special place in my room

SAFETY WORDS



R R F J I X J K W K C Z T R Y
X O O K M Y S L O U H E H Z B
T U K K E V A G Q X E M I T Y
P C A M A S F U N V A M N E J
N U Y E N Y E I P F R I K J E
T E T V B N T D R J D X F N Y
T T O T U H Y I K O Q L E S A
Q G T D S E S N Q A R A E Q R
M K E O I L T G C A E K L Y L
N B L H N P O V Q D G Y A V M
W V L Y E E P O B E T G C O T
Z D R O S D S I Q S B S T I F
E X G L S M I C G P T Z Y C V
U B Y G A K G E P S N S M E K
Q Z B B I T N V D U R J W A F

FIND THE SAFETY WORDS

Words can go horizontally, vertically and diagonally
in all eight directions. Words may overlap.

Guiding Voice
Safety Stop Sign
Think Feel Act
I Mean Business

Okay to Tell
Heard
Helped
Voice



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