

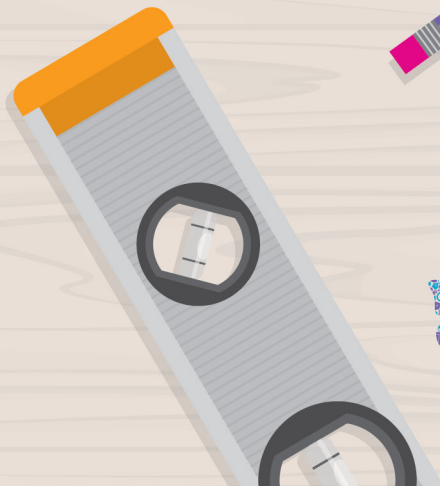
BLUEPRINT FOR BUILDING SAFER, SMARTER FAMILIES ACTIVITY BOOK



Safer, Smarter
FAMILIES



LAUREN'S KIDS

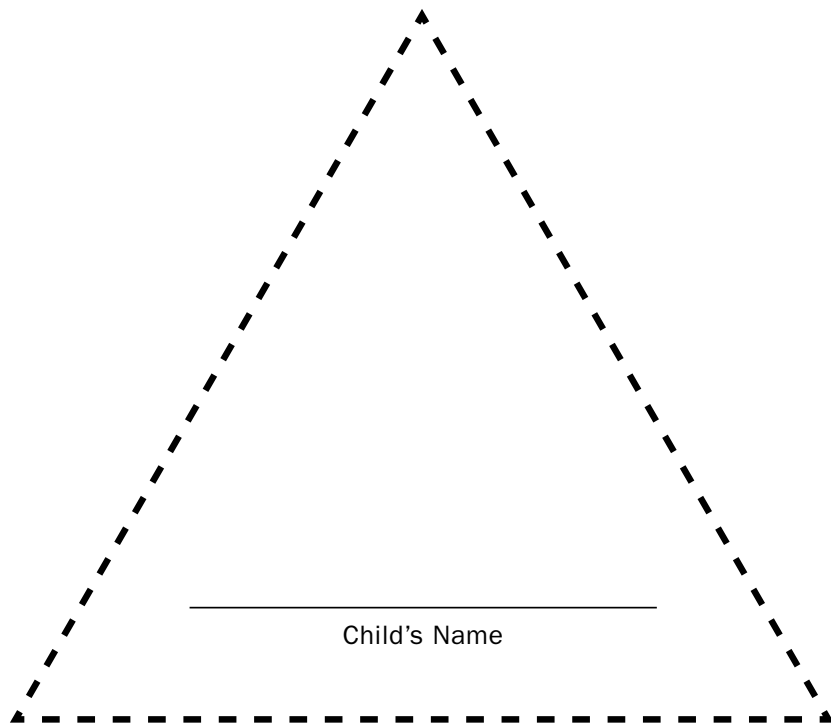




MY TRUSTED TRIANGLE

Write the names and draw pictures of your Grown-Up Buddies around your Trusted Triangle.
Draw yourself and write your name in the middle. Remember that all members
of your Trusted Triangle must be old enough to drive a car.

Grown-Up Buddy #1



Grown-Up Buddy #3

Grown-Up Buddy #2

We will put this up in a special place in our house, so everyone will know about

_____'s Trusted Triangle.
(Child's Name)

Parent Signature

Date

DRAW A STRANGER



SPOT THE STRANGER



A



B

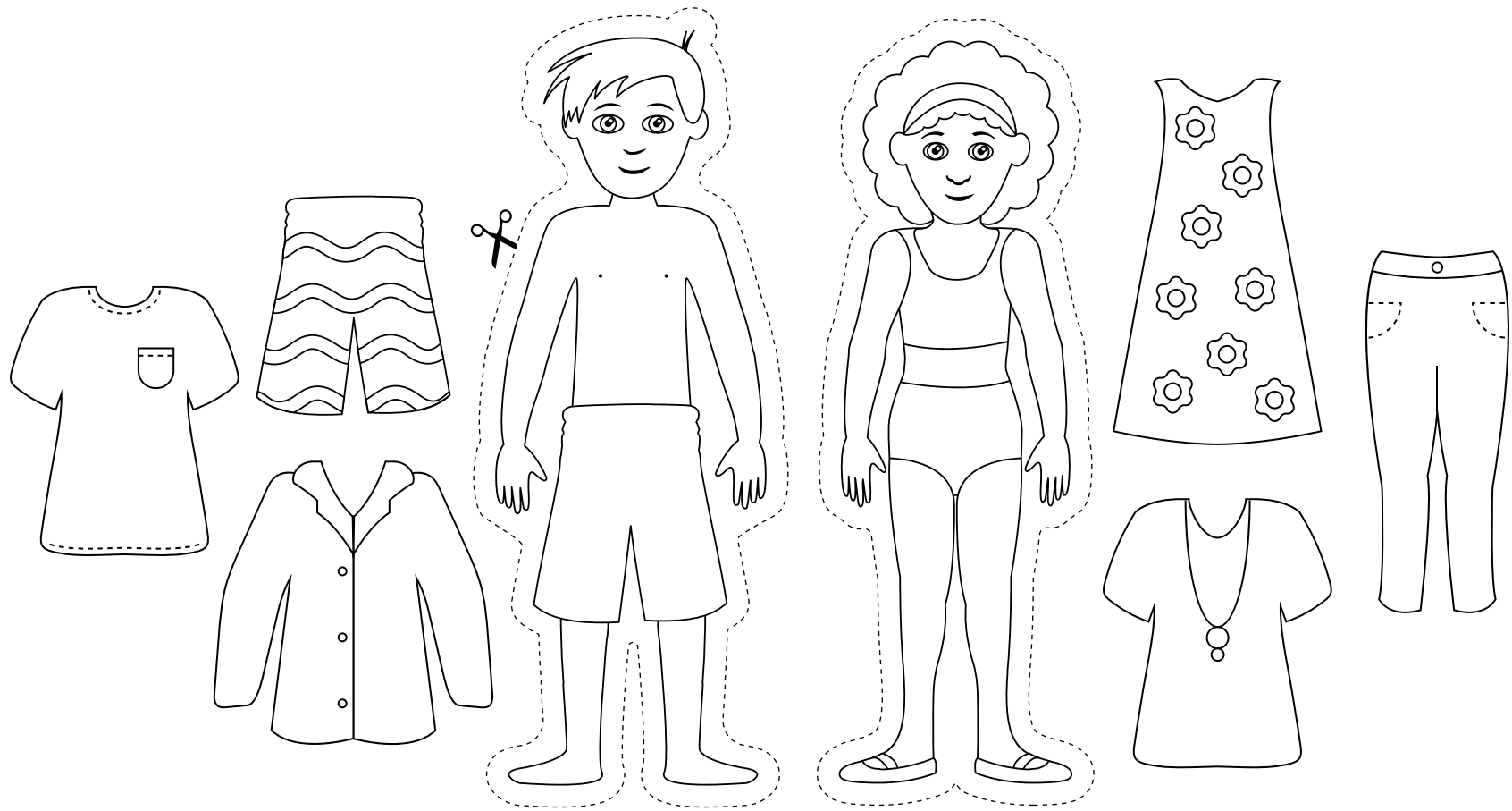


C



D

GROWN-UP BUDDIES



TRUSTED TRIANGLE LETTER



Dear _____ ,

You have been chosen as a Grown-Up Buddy in my Trusted Triangle. Being in my Trusted Triangle is an important and special job because you are responsible for helping me stay safe. I chose to put you in my Trusted Triangle because you are a trusted adult in my life. I can tell you anything and I know you will help me. I promise to tell you about anything that makes me feel afraid, threatened, or icky. Please promise me that you will both hear me and help me when I need you.

Thank you,

Directions: Draw a picture of your Grown-Up Buddy.

Dear _____ ,

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Thank you,

Directions: Draw a picture of your Grown-Up Buddy.

TRUSTED TRIANGLE FLASH CARDS



Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

Grown-Up Buddy's Phone Number(s): _____

My Grown-Up Buddy is: ☐ A Family Member ☐ Not in My Family

I chose _____

to be in my Trusted Triangle because

Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

Grown-Up Buddy's Phone Number(s): _____

My Grown-Up Buddy is: ☐ A Family Member ☐ Not in My Family

I chose _____

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Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

Grown-Up Buddy's Phone Number(s): _____

My Grown-Up Buddy is: ☐ A Family Member ☐ Not in My Family

I chose _____

to be in my Trusted Triangle because



SAFETY WORDS



F W T Y T T S F F N S X D X R
D S W X C R T R H M O X J H R
R G L R F U R F U V G Z N C Y
V R Y F S S A A B W R K W P T
C O E D A T N K U B H R A K G
V W C F I E G D P T E Y A B I
N N Q U F D E X Q E L W Y Y J
T U H Z K T R G R L P T M C P
R P E N L R S O U L E O A M S
U B A C J I W Z O F D S E K F
S U R W M A M S A Q U R R U T
T D D T I N R S W Y M O J H E
U D L U D G K F U O Y F A S M
T Y S K B L G T O N O G N B O
T R U S T E D A D U L T G W D

FIND THE SAFETY WORDS

Words can go horizontally, vertically and diagonally
in all eight directions. Words may overlap.

Grown-Up Buddy
Heard
Helped
Safety
Strangers

Tell
Trust
Trusted Adult
Trusted Triangle



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