

# BLUEPRINT FOR BUILDING SAFER, SMARTER FAMILIES ACTIVITY BOOK



Safer, Smarter  
FAMILIES



LAUREN'S KIDS



# SAFETY NETWORK



**Directions:** Think about the people you want to be a part of your Safety NETWORK, and write their names in the orange boxes. Write Yes, No, or DK (for Don't Know) in the box and decide if that person should be in your Safety NETWORK. You may add more characteristics that are important to you in the blank boxes below.

This Person	Name	Name	Name	Name	Name	Name
Cares about me						
Listens to me						
Will help me						
Can be trusted						
Drives a car						
Is not a family member						

# DRAW A STRANGER



# SPOT THE STRANGER



A



B



C



D

# KNOW YOUR SAFETY NETWORK



Trusted Adult's Name: \_\_\_\_\_

Trusted Adult's Address: \_\_\_\_\_

Trusted Adult's Phone Number(s): \_\_\_\_\_

My Trusted Adult is: ☐ A Family Member ☐ Not in My Family

I chose \_\_\_\_\_

to be in my Safety NETWORK because

Trusted Adult's Name: \_\_\_\_\_

Trusted Adult's Address: \_\_\_\_\_

Trusted Adult's Phone Number(s): \_\_\_\_\_

My Trusted Adult is: ☐ A Family Member ☐ Not in My Family

I chose \_\_\_\_\_

to be in my Safety NETWORK because

Trusted Adult's Name: \_\_\_\_\_

Trusted Adult's Address: \_\_\_\_\_

Trusted Adult's Phone Number(s): \_\_\_\_\_

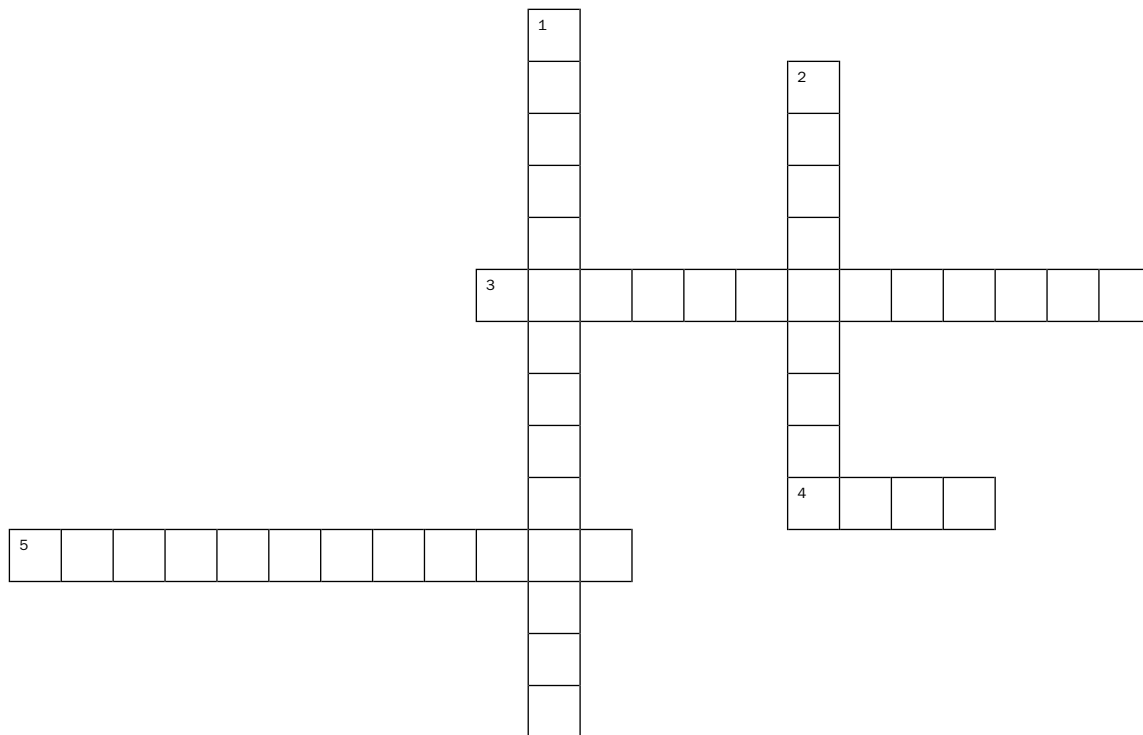
My Trusted Adult is: ☐ A Family Member ☐ Not in My Family

I chose \_\_\_\_\_

to be in my Safety NETWORK because



# SAFETY CROSSWORD



## ACROSS

- 3. Trusted adults you choose to help keep you safe
- 4. How you deserve to feel
- 5. Adult you can talk to about anything

## DOWN

- 1. The 2 H's
- 2. People you don't know well

# WHAT THIS MEANS TO ME



Having a Safety NETwork with trusted adults is a very important safety tool. Why is it important to have a Safety NETwork? How do your trusted adults help to keep you safe?

## SAFETY CHECK UP

See what you learned about safe relationships!

1. A stranger is someone that you don't know well.      True      False
2. When you tell a trusted adult that you're in an unsafe situation, you want to be heard and \_\_\_\_\_ .
3. How does having a Safety NETwork help keep you safe?
4. Your Safety NETwork can be made up of only your family members.      True      False
5. I should always know my trusted adult's address and \_\_\_\_\_ .



# SAFETY WORDS



F W T Y T T S F F N S X D X R  
D S W X C R T R H M O X J H R  
R G L R F U R F U V G Z N C Y  
V R Y F S S A A B W R K W P T  
C O E D A T N K U B H R A K G  
V W C F I E G D P T E Y A B I  
N N Q U F D E X Q E L W Y Y J  
T U H Z K T R G R L P T M C P  
R P E N L R S O U L E O A M S  
U B A C J I W Z O F D S E K F  
S U R W M A M S A Q U R R U T  
T D D T I N R S W Y M O J H E  
U D L U D G K F U O Y F A S M  
T Y S K B L G T O N O G N B O  
T R U S T E D A D U L T G W D

## FIND THE SAFETY WORDS

Words can go horizontally, vertically and diagonally  
in all eight directions. Words may overlap.

Grown-Up Buddy  
Heard  
Helped  
Safety  
Strangers

Tell  
Trust  
Trusted Adult  
Trusted Triangle





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