

BLUEPRINT FOR BUILDING SAFER, SMARTER FAMILIES ACTIVITY BOOK

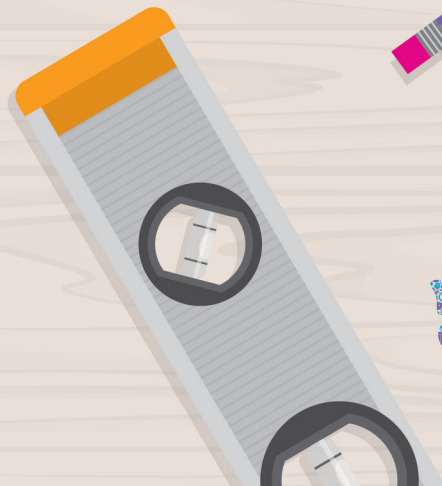
Trusted Triangle

Building Safe Relationships

Grown-Up Buddies



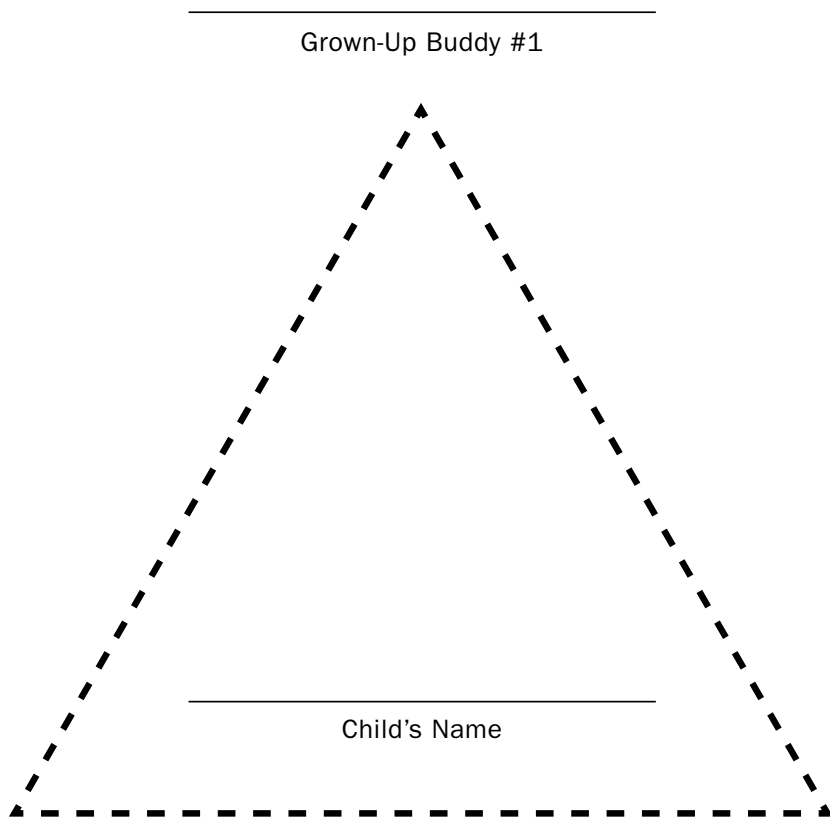
Safety NETWORK





MY TRUSTED TRIANGLE

Write the names and draw pictures of your Grown-Up Buddies around your Trusted Triangle.
Draw yourself and write your name in the middle. Remember that all members
of your Trusted Triangle must be old enough to drive a car.



Grown-Up Buddy #3

Grown-Up Buddy #2

We will put this up in a special place in our house, so everyone will know about

_____ 's Trusted Triangle.
(Child's Name)

Parent Signature

Date

SAFETY NETWORK



Directions: Think about the people you want to be a part of your Safety NETWORK, and write their names in the orange boxes. Write Yes, No, or DK (for Don't Know) in the box and decide if that person should be in your Safety NETWORK. You may add more characteristics that are important to you in the blank boxes below.

| This Person | Name | Name | Name | Name | Name | Name |
|------------------------|------|------|------|------|------|------|
| | | | | | | |
| Cares about me | | | | | | |
| Listens to me | | | | | | |
| Will help me | | | | | | |
| Can be trusted | | | | | | |
| Drives a car | | | | | | |
| Is not a family member | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

DRAW A STRANGER



SPOT THE STRANGER



A



B

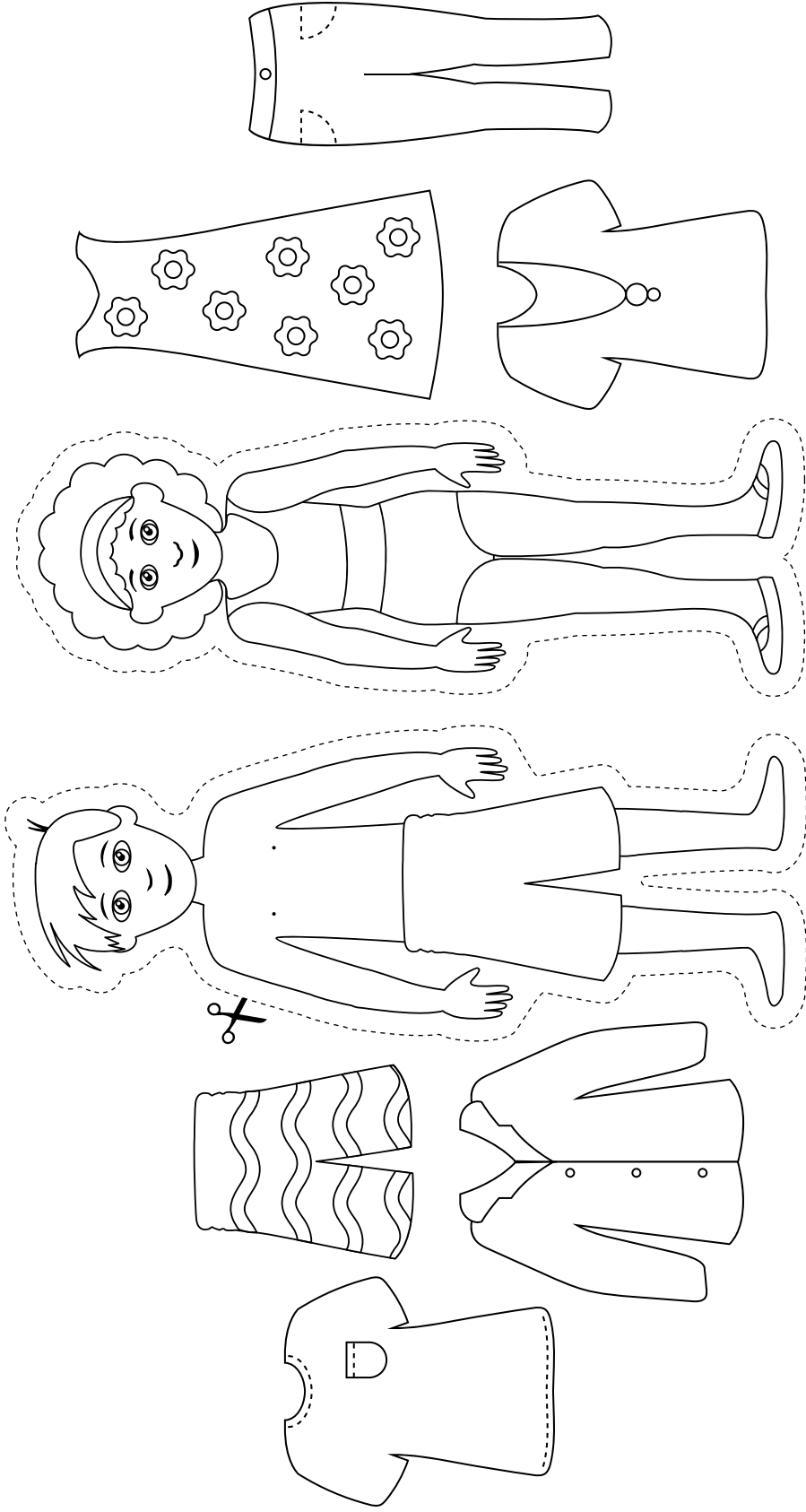


C



D

GROWN-UP BUDDIES



TRUSTED TRIANGLE LETTER



Dear _____ ,
You have been chosen as a Grown-Up Buddy in my Trusted Triangle. Being in my Trusted Triangle is an important and special job because you are responsible for helping me stay safe. I chose to put you in my Trusted Triangle because you are a trusted adult in my life. I can tell you anything and I know you will help me. I promise to tell you about anything that makes me feel afraid, threatened, or icky. Please promise me that you will both hear me and help me when I need you.

Thank you,

Directions: Draw a picture of your Grown-Up Buddy.

Dear _____ ,
You have been chosen as a Grown-Up Buddy in my Trusted Triangle. Being in my Trusted Triangle is an important and special job because you are responsible for helping me stay safe. I chose to put you in my Trusted Triangle because you are a trusted adult in my life. I can tell you anything and I know you will help me. I promise to tell you about anything that makes me feel afraid, threatened, or icky. Please promise me that you will both hear me and help me when I need you.

Thank you,

Directions: Draw a picture of your Grown-Up Buddy.

TRUSTED TRIANGLE LETTER

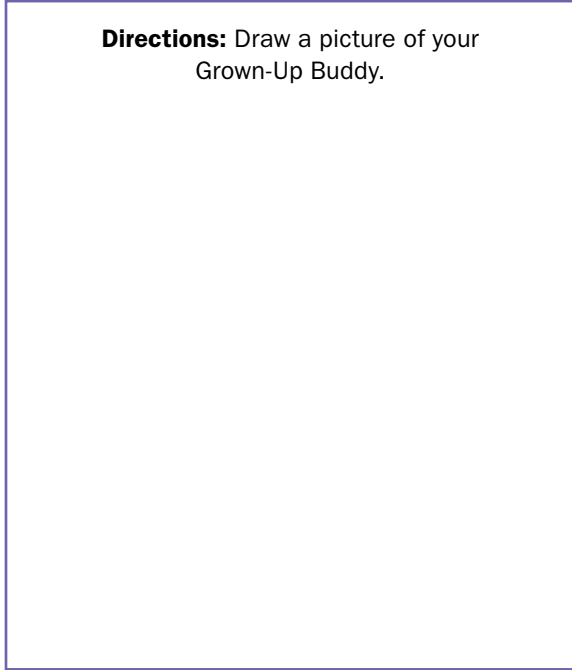


Dear _____ ,

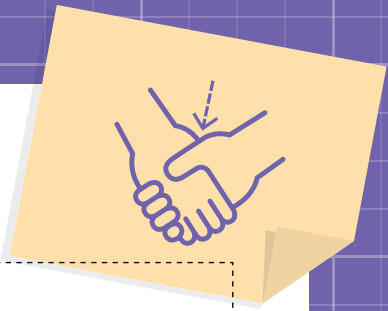
You have been chosen as a Grown-Up Buddy in my Trusted Triangle. Being in my Trusted Triangle is an important and special job because you are responsible for helping me stay safe. I chose to put you in my Trusted Triangle because you are a trusted adult in my life. I can tell you anything and I know you will help me. I promise to tell you about anything that makes me feel afraid, threatened, or icky. Please promise me that you will both hear me and help me when I need you.

Thank you,

Directions: Draw a picture of your Grown-Up Buddy.



TRUSTED TRIANGLE FLASH CARDS



Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

Grown-Up Buddy's Phone Number(s): _____

My Grown-Up Buddy is: A Family Member Not in My Family

I chose _____

to be in my Trusted Triangle because _____

Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

Grown-Up Buddy's Phone Number(s): _____

My Grown-Up Buddy is: A Family Member Not in My Family

I chose _____

to be in my Trusted Triangle because _____

Grown-Up Buddy's Name: _____

Grown-Up Buddy's Address: _____

Grown-Up Buddy's Phone Number(s): _____

My Grown-Up Buddy is: A Family Member Not in My Family

I chose _____

to be in my Trusted Triangle because _____





SAFETY WORDS

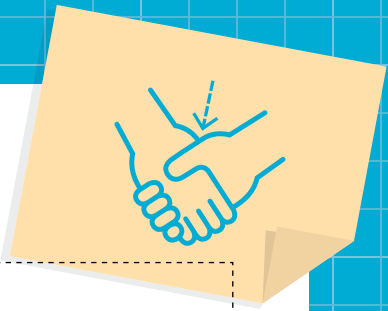
F W T Y T T S F F N S X D X R
D S W X C R T R H M O X J H R
R G L R F U R F U V G Z N C Y
V R Y F S S A A B W R K W P T
C O E D A T N K U B H R A K G
V W C F I E G D P T E Y A B I
N N Q U F D E X Q E L W Y Y J
T U H Z K T R G R L P T M C P
R P E N L R S O U L E O A M S
U B A C J I W Z O F D S E K F
S U R W M A M S A Q U R R U T
T D D T I N R S W Y M O J H E
U D L U D G K F U O Y F A S M
T Y S K B L G T O N O G N B O
T R U S T E D A D U L T G W D

FIND THE SAFETY WORDS

Words can go horizontally, vertically and diagonally in all eight directions. Words may overlap.

- | | |
|----------------|------------------|
| Grown-Up Buddy | Tell |
| Heard | Trust |
| Helped | Trusted Adult |
| Safety | Trusted Triangle |
| Strangers | |

KNOW YOUR SAFETY NETWORK



Trusted Adult's Name: _____

Trusted Adult's Address: _____

Trusted Adult's Phone Number(s): _____

My Trusted Adult is: A Family Member Not in My Family

I chose _____

to be in my Safety NETWORK because _____

Trusted Adult's Name: _____

Trusted Adult's Address: _____

Trusted Adult's Phone Number(s): _____

My Trusted Adult is: A Family Member Not in My Family

I chose _____

to be in my Safety NETWORK because _____

Trusted Adult's Name: _____

Trusted Adult's Address: _____

Trusted Adult's Phone Number(s): _____

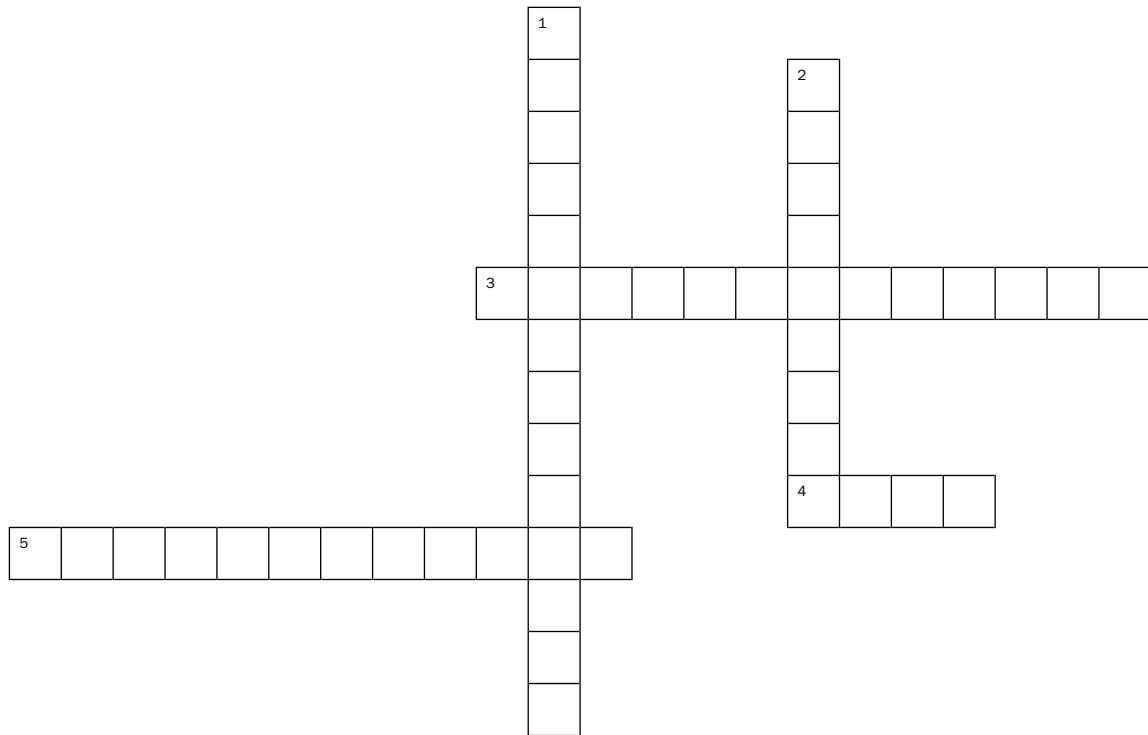
My Trusted Adult is: A Family Member Not in My Family

I chose _____

to be in my Safety NETWORK because _____



SAFETY CROSSWORD



ACROSS

- 3. Trusted adults you choose to help keep you safe
- 4. How you deserve to feel
- 5. Adult you can talk to about anything

DOWN

- 1. The 2 H's
- 2. People you don't know well

